

# Silver Spring Village

Helping Neighbors Age in Place  
FY 2018 ANNUAL REPORT



## *Meet Our Village*



## *Love Our Village*



## *Build Our Village*

*embrace your*  
**Village~osity**

## A MESSAGE FROM PRESIDENT AND EXECUTIVE DIRECTOR



Tony Sarmiento  
President, FY 2018



Debbie Billet-Roumell  
Executive Director

*SILVER SPRING VILLAGE is a nonprofit membership organization that helps seniors stay active, connected and engaged in their community while aging in their own homes. We serve residents of the many neighborhoods in and near zip code 20910. Our dedicated volunteers, board, and staff work hard to make Silver Spring a GREAT PLACE to age in place.*

Earlier this year, AARP updated their Livability Index research to answer the following question: Can people of all ages, incomes, and abilities thrive in our community?

We're proud to announce that in 2018, AARP named—for the first time—our very own Silver Spring, MD as one of the nation's top ten livable small communities with 25,000-100,000 residents. The AARP Index uses more than 50 national data sources (such as the Census Bureau) and 60 indicators across seven categories. Silver Spring was exceptionally strong in two categories: Engagement and Neighborhood. (To learn more, go to [www.aarp.org](http://www.aarp.org) and search for "2018 Most Livable Cities.")

When you read this fifth annual report of our Village, you'll find many reasons confirming that Silver Spring is worthy of its top ten rank by AARP. Don't just focus on the impressive numbers of rides and services provided, member contacts made, activities held, partnerships formed, volunteers trained, and dollars raised. Read about our members whose quality of life has been enhanced and how Silver Spring Village enables them to continue to thrive. You'll see why 85% of our members—now over 200—said in our annual member survey that they felt more strongly that they belonged to a community where people look out for one another.

To carry out our mission, we are very fortunate to be located in a community full of diverse human assets. We are grateful for a supportive county government, especially from outgoing Montgomery County Executive Ike Leggett. Under his leadership, Montgomery County joined the AARP Network of Age-Friendly Communities and believes in organizations like our Village.

We have also benefited greatly from being able to tap into the diversity found in our community. Silver Spring is the fourth most culturally diverse city in the entire nation, according to an analysis of Census Bureau data on race/ethnicity, language, and birthplace that was reported in the Washington Post this year. Silver Spring's exceptional diversity is reflected in our members, volunteers, community partners, activities, and events.

Five years ago, Silver Spring Village was launched after almost three years of planning by less than a dozen friends and residents of 20910. They were inspired by a vision of making our diverse community more friendly and welcoming to all older adults. We invite everyone who shares this vision to join our Village and actively participate as a member, volunteer, or supporter.

Thank you always for your interest and commitment to Silver Spring Village.



Helping Neighbors Age in Place

# Meet Our Village

SILVER SPRING VILLAGE is a vibrant network of neighbors helping neighbors who want to “age in place.” Since 2013, we have been providing services and programs that help our older neighbors thrive – in their own homes and community.

**OUR MEMBERS** include long-time Silver Spring residents as well as new arrivals, homeowners and apartment dwellers, working people and retirees with vastly different histories and circumstances. We prize the ethnic and cultural diversity of the “suburban/urban” area we serve, and we welcome all.

**OUR VOLUNTEERS** bring an amazing array of skills and experiences and a can-do attitude. They address members’ diverse needs and interests with compassion, skill and joy. Many of our volunteers are Village members.

**OUR COMMUNITY PARTNERS** cosponsor events and provide meeting venues and other resources that expand and enrich our program offerings.

Together, we are working to make Silver Spring a great place to age in place. We thank you for your help thus far, and we invite you to embrace your “village-osity”!

*A volunteer from the start, Connie explains her commitment: “The Village creates a wonderful community for people who live alone or just become isolated after they stop working, their kids grow up, and things slow down a bit. It is a privilege to help them and see that being elderly can still be fun, dignified, and friendly. I have learned so much from our members, volunteers, and leaders. To some extent I am ‘paying it forward’: one day when I need a lot more help the Village will be there for me too.”*



*New to the Village this year, Hisnelle says “The Village is a big, good change in my life. I love to meet new people and now I have volunteers coming to visit and call me – I just thank God for that. I love to be among people and society; otherwise I just come home to my empty apartment and sleep or watch TV. But to have people to talk to or visit with means everything to me and keeps me from being lonely.”*



*Long-time member Roy says “Silver Spring Village is without equal in helping seniors maintain a full and safe life ... and remain in the homes they love. This is an additional bonus that comes with belonging and participating in the many life-enhancing activities that the Village provides every single week—if not every day! !!”*



# Village~osity

**SILVER SPRING VILLAGE, INC.  
LEADERSHIP AND ORGANIZATION**

**BOARD OF DIRECTORS**

Tony Sarmiento, President  
 Peggy Gervasi, Vice President  
 Sue Decker, Treasurer  
 Martine Brizius, Secretary  
 Leslie Hansley  
 Gary Klauber  
 Claire Maklan  
 Anne McHenry  
 Vern McLendon  
 Darren Vieira  
 Mary Ann Zimmerman

**STAFF**

Debbie Billet-Roumell, Executive Director  
 Vanessa Ripps, Director of Volunteer Services

**CONSULTANTS**

Marcy Frosh, Diversity & Outreach  
 Karon Phillips, Community Outreach  
 Suzy Zusy, Program Assistant

**VILLAGE VIBE EDITORS**

Connie Raab & Erica Summers

**PRO BONO PROFESSIONAL SUPPORT**

Kae Dakin, Kae Dakin Consulting  
 Gail Peck, Peck Studios  
 Barry Seltser, Evaluation Consultant

**COMMUNITY PARTNERS**

Easter Seals DC/MD/VA  
 Gwendolyn E. Coffield Community Center  
 Habitat for Humanity, Metro Maryland  
 Holy Cross Hospital, Senior Source  
 Montgomery County Employees Federal Credit Union  
 Seabury at Springvale Terrace  
 Shepherd's Table  
 Silver Spring Cares  
 Silver Spring Chamber of Commerce  
 Silver Spring Library  
 Silver Spring Regional Center  
 Silver Spring Town Center, Inc.  
 Sunrise Senior Living

*Silver Spring Village, Inc. is a tax-exempt, nonprofit organization [501(c)(3)].*

*This report covers Village activities and accomplishments for FY 2018 (July 1, 2017 - June 30, 2018).*



**MEMBERSHIP & VOLUNTEER NUMBERS** *as of June 30, 2018*



*\*includes home repairs, decluttering, paperwork, shopping, medical note-taking, escorted walks, tech support and more.*



*Getting smarter about a smartphone on MLK Day*



*Catching up with friends and trading favorite books*



*Our annual BBQ -- real food and real conversation*

# Love Our Village

## MEMBERS' VOICES

What people say about Silver Spring Village:

### MEMBERS:

"Silver Spring Village volunteers and staff are beyond amazing. I don't know what I would have done without you. Truly a comforting, incredibly important, lifesaving operation."

"Thank you is not adequate to express my gratitude for all you do for me."

"Silver Spring Village makes me feel more secure in my goal to age at home."

"The organization is really on the ball! The events are exciting. I really like having a reason to get dressed and go out -- it's wonderful!"

### FAMILY:

"It's a great comfort to know that someone from the Village will be in touch with Mom at least once a week."

### VOLUNTEER:

"I had a wonderful visit with Joan this morning. The assembly of her cart and bulb replacement were easy tasks that took ten minutes. The high point (for me, I hope for her) was the hour we spent talking about life!"

### COMMUNITY LEADERS:

"Our community is so proud of the work you do! Thanks so much for your amazing efforts."

"Thank you for bringing life and excitement to our Silver Spring seniors. What a wonderful way to maintain health and happiness among so many people."

*Our "Charity Stitchers" help needy children -- and each other*



## MEMBER-INITIATED INTEREST GROUPS:

BOOKS  
CURRENT EVENTS  
BRIDGE  
CANASTA  
CHESS  
GETTING TO KNOW YOU  
MAH JONGG  
MEMOIR-WRITING  
MEN'S BRUNCH  
MINDFULNESS

MOVIES  
PAINTING  
PHILOSOPHY  
POETRY  
POKER  
SCRABBLE  
TECH SKILLS  
THEATER  
WALKING

## VILLAGE MEMBERS GIVE BACK TO THE COMMUNITY

*Read to children in Easter Seals programs*

*Prepare and serve meals at Shepherd's Table*

*Make blankets and hats for needy children*

*Sharing garden stories at our annual Plant and Seed Swap*



# Village~osity

**STATEMENT OF FINANCIAL ACTIVITY**

July 1, 2017 - June 30, 2018

**INCOME:**

Membership Dues .....	\$41,611
Individual Donations .....	\$44,267
Foundations.....	\$13,670
Contracts.....	\$25,415
Other .....	\$6,232
In-Kind Income .....	\$26,354
<b>TOTAL INCOME .....</b>	<b>\$157,549</b>

**EXPENSES:**

Programs.....	\$77,483
Fundraising .....	\$16,203
Administration .....	\$22,872
In-Kind Expenses .....	\$26,354
<b>TOTAL EXPENSES .....</b>	<b>\$142,911</b>
<b>NET INCOME .....</b>	<b>\$14,638</b>

**STATEMENT OF FINANCIAL POSITION**

As of June 30, 2018.....

**ASSETS:**

Cash .....	\$75,404
Other Assets .....	\$4,765
<b>TOTAL ASSETS.....</b>	<b>\$80,169</b>

**LIABILITIES & NET ASSETS:**

<b>TOTAL LIABILITIES .....</b>	<b>\$3,959</b>
Operating Reserve.....	\$42,000
Unrestricted Assets .....	\$29,560
Restricted Assets .....	\$4,650
<b>TOTAL NET ASSETS .....</b>	<b>\$76,210</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS ...</b>	<b>\$80,169</b>

Income (excluding in-kind donations) increased 19% year-over-year because of double-digit growth in membership dues and individual donations. Overall, about a third of income came from membership dues, a third from individual donations, about 15% from foundations and business donations, and the rest from a Montgomery County contract. Operating expenses also increased significantly to support the strong growth in membership and expanded programming. Net income totaled \$14,638 which was above budget. Net assets of \$76,210 at the end of the fiscal year includes an operating reserve of \$42,000 to assure sustainability of the organization.

**DONORS**

**\$1,000 AND ABOVE**

Anonymous (3)  
 Johanna M. Boyer  
 Martine G. Brizius  
 Donor Advisory Fund  
 Fred & Peggy Gervasi  
 Nick & Debbie Gilbert  
 Kathy Kopinsky & Peter L. Collins  
 Claire & David Maklan  
 Judith K. Nyquist  
 Raab Spirit Fund  
 Mac & Carlene Roberts  
 Debbie & Jim Roumell  
 Janet Silva & Tony Sarmiento  
 Seekers Church  
 United Therapeutics  
 Mary Ann Zimmerman

**\$500 TO \$999**

Anonymous (2)  
 Gladys Cohen  
 Susan Decker  
 The Elno Family Foundation  
 David Goldstein  
 Gary Klauber  
 George Lane  
 Anne McHenry  
 F. Carroll McKown  
 Rita Naimoli  
 Dee Schofield  
 Nan Shellabarger  
 Katie Zimmerman

**\$250 TO \$499**

Anonymous (1)  
 Madeline Chaleff & David Arfin Family  
 Philanthropic Fund  
 Cecile Brach  
 Anne Gavin  
 Dennis Gosier  
 Alan Gregerman & Lisa Otterstrom  
 Elliott & Rosa Greher  
 Habitat for Humanity Metro Maryland  
 Harvey & Robin Hanerfeld  
 Leslie Hansley  
 Elisabeth Null  
 (John W. & Clara C. Higgins Foundation)  
 Terry Savage & Dwight Onley

Chuck & Denise Sherer  
 St. Luke Evangelical Lutheran Church  
 Darren Vieira  
 Betty Whitley

**\$100 TO \$249**

Karen Alibrando & Bill Brekke  
 Anonymous (2)  
 Marshall & Rochelle Abrams  
 Jane Alperson  
 Katherine & Joe Anderson  
 Barbara Bares  
 Gilbert Baxter  
 May & Isaac Benatar  
 Carol Blimline  
 Jane Brown  
 Mary Campbell & Bill Strein  
 Dr. Charlotte A. Coffield  
 Beth Daly  
 Michelle DeFayette  
 Barbara & Brian Ditzler  
 David Dorsey  
 Ellen Dreyer  
 Lynne Ebner  
 Laurie Ekstrand  
 Stephen H. Estrada & Leslie Fraser Smith  
 EM Evans Painting, Inc.  
 William Pierce & Lisa Bontempo  
 Megan L. Foley  
 Marcy & Brian Frosh  
 Clara Hill & Jim Gormally  
 Deborah Helfeld  
 Marjorie Hirano  
 Jeanette Honsa  
 Betsy & Darma le Ghislaine (Jill) Jackson  
 Elizabeth Joyce  
 Mary Kave  
 Carol Lite & Ken Cantor  
 Caren Madsen  
 Nancy Markstein  
 Ellen Miller  
 Glen Mitchell  
 Not Your Average Joe's  
 Mae Novak  
 Cricket Parmalee  
 TW Perry  
 Alicia Pfund  
 Barbara Pliskin  
 Gail Polivy  
 Theone Relos

Vanessa Ripps  
 Kevin & Mary Sexton  
 Jurg & Linda Siegenthaler  
 Don Slater  
 Ida Smith  
 Fran Sussman & Stu Guterman  
 Alan Talbert  
 Dona Teplitz  
 Michael Ussery & Susan McCauley  
 Norma & Dwight Wilson  
 Martha Wittman  
 Lawrence Wyborski

**UP TO \$99**

Anonymous (8)  
 David & Naomi Balto  
 Ralph Bennett  
 Marta Brenden & Bill Schauman  
 Ann & Jim Burke  
 Chad Christoff  
 Patrica M. Clay  
 Suzana Cooper  
 Kae Dakin Consulting  
 James Ehrman  
 Carol Farthing  
 Christine Geanaros  
 Salome Gebre-Egziabher  
 Cynthia H. Goodman  
 M. Green  
 JoAnn Growney  
 Rosetta Holmes  
 Kay Johnson  
 Shannah Koss  
 Carolyn Lauer  
 Beth Mauser  
 Jerry & Nan McCoy  
 Helen & Vernie McLendon  
 James Meyerhoff  
 Ann Marie Moriarty  
 Steve Murphy  
 Harriet Novakovich  
 O'Connor-Quinlan Family  
 Albert Papazian  
 Nancy Pinto  
 Philip & Sarah Province  
 Ron & Sharon Rising  
 Annette & Mendel Silver  
 The Swope Family  
 B. K. Tomar  
 Patrica Tyson  
 Lolly & Lindley Vann  
 Susan & Lew Winarsky

**IN-KIND DONATIONS**

Abyssinia Ethiopian Restaurant  
 AFI Silver Theater Courtyard by Marriott  
 Cubano's Restaurant  
 Giant Food, Blair Plaza  
 Levine School of Music  
 McGinty's Public House  
 Montgomery College  
 Nando's Peri-Peri  
 Potomac Floral  
 Snider's Super Foods  
 United Therapeutics

**VOLUNTEERS**

Jeanne Adams  
 Deanna Anderson  
 Jim Anderson  
 Joe Anderson  
 Katherine Anderson  
 Marilyn Bate  
 Kathy Beck  
 Rachael Belcher  
 Joanne Bender  
 Johanna Boyer  
 Martine Brizius  
 Marta Brenden  
 Jane Brown  
 Rita Carlson  
 Gladys Cohen  
 Alan Constantian  
 Joe Davidson  
 Zoe Davis  
 Sue Decker  
 Cecilia de Kanga  
 Tanya DeKona  
 David Dorsey  
 Ellen Dreyer  
 Stephen Durako  
 Gwen Earle  
 Walter Ebmeyer  
 Lynne Ebner  
 Brian Eggleston  
 Cherri Eitel  
 Martin Faigin  
 Mary Fields  
 Marcy Frosh  
 Anne Gavin  
 Cristine Geanaros  
 Fred Gervasi  
 Peggy Gervasi  
 John Giblin  
 Debbie Gilbert  
 Connie Godby  
 Jane Gorbaty  
 Jim Gormally  
 Minnedore Green  
 JoAnne Growney

Michael Gurwitz  
 Leslie Hansley  
 Tanya Harris  
 Judith Hartman  
 Suzanna Hillegass  
 Pam Holland  
 Jeanette Honsa  
 Elaine Hughes  
 Karen Kuehl  
 Elizabeth Joyce  
 Cynna Janus  
 Janice Johnson  
 Sandy Kemper  
 Jonathan Kidwell  
 Gary Klauber  
 Carolyn Lauer  
 Edward Lee  
 Barbara Leyser  
 Brian Lichter  
 Jennie Lichter  
 Vicki Lipov  
 Carol Lite  
 Richard Lorr  
 Roy Lykes  
 Claire Maklan  
 Nancy Markstein  
 Isabelle Melese-  
 d'Hospital  
 Vern McLendon  
 Anne McHenry  
 Carroll McKown  
 Cristopher Michelli  
 Rita Naimoli  
 Sarah Neally  
 Mae Novak  
 Marsha Obusek  
 Cricket Parmelee  
 Penny Passikof  
 Gail Peck  
 Alicia Pfund  
 Bill Pierce  
 Nancy Pinto  
 Gail Polivy  
 Connie Raab  
 Lois Rose  
 Lisa Rosenthal  
 Jim Roumell  
 Barbara Ryan  
 Tanya Saffer  
 Tony Sarmiento  
 Terry Savage  
 Kerstin Schmidt  
 William Schuman

Chuck Sherer  
 Denise Sherer  
 Scott Stebelman  
 Fran Sussman  
 Erica Summers  
 Dona Teplitz  
 Darren Vieira  
 Stefanie Weldon  
 Eric Wiemann  
 Martha Wittman

Michael Ussery  
 Janice Zalen  
 Mary Ann  
 Zimmerman

Silver Spring  
 Village creates  
**BONDS** within and  
 across **DIVERSE**  
 neighborhoods.

### GRANTS AND CONTRACTS

Montgomery County Executive  
 Community Grant  
 Community Foundation  
 Sharing Montgomery  
 Morris & Gwendolyn Cafritz Foundation  
 Impact 1890 — a National  
 Lutheran Program



Making conversation -- and friends -- at monthly Mens Brunch



Learning about the role of African Americans in the Civil War



Learning how to look at art at one of our public events

# Village~osity

# Build Our Village

## HOW TO:

**DONATE BY CHECK**—make payable to Silver Spring Village and send to Silver Spring Village, PO Box 8217, Silver Spring, MD 20907.

**ON-LINE**—go to [silverspringvillage.org](http://silverspringvillage.org) and press the Donate tab.

**LEAVE A LEGACY**—contact Sue Decker about a bequest or other planned giving by calling 301-503-7401 or send email to [info@silverspringvillage.org](mailto:info@silverspringvillage.org).

**JOIN**—go to [silverspringvillage.org](http://silverspringvillage.org) and press the Membership tab, or call 301-503-7401 and ask to speak with Claire Maklan.

**VOLUNTEER**—go to [silverspringvillage.org](http://silverspringvillage.org) and press the Volunteers tab, or call 301-503-7401 and ask to speak with Vanessa Ripps.

Cover photos: *Our members and volunteers embrace their Village-osity!*



**SILVER SPRING VILLAGE, INC.**  
PO Box 8217, Silver Spring, MD 20907  
Email: [info@silverspringvillage.org](mailto:info@silverspringvillage.org)  
Phone: 301-503-7401  
Web: [silverspringvillage.org](http://silverspringvillage.org)



*like us and share!*

[www.facebook.com/silverspringvillage](http://www.facebook.com/silverspringvillage)

## SAMPLE MEMBER EVENTS *Something for everyone!*

**THE BIG BROADCAST ON WAMU 88.5:** Tony-winning playwright, lyricist, director and program host Murray Horwitz amused us with behind-the-scenes recordings and stories about WAMU's longest-running radio program.

**MEN'S DISCUSSION GROUP:** Village men gather monthly for brunch, camaraderie, and to discuss topics ranging from investments and advance directives to travel and grandkids.

**ARGUMENTS FOR AND AGAINST THE TRAVEL BAN:** Attorney Anton G. Hajjar presented and answered our questions about legal arguments for and against President Trump's executive orders to restrict travel from designated countries.

**WATCH PARTY TO CELEBRATE THE 15TH ANNIVERSARY OF THE VILLAGE MOVEMENT:** Via simulcast, we joined Dr. Atul Gawande, author of *Being Mortal*, and more than 150 Villages across the nation to discuss the value of community and choice as we age.

**AFRICAN AMERICANS IN THE CIVIL WAR:** Dr. Frank Smith, of the African American Civil War Museum, and his costumed colleague told us about the many thousands of slaves who left plantations to join the Union Army and help bring it to victory.

**ONLINE SAFETY:** Pam Holland of TechMoxie coached us on savvy use of social media, including how to protect our data and how Facebook uses algorithms to dictate what we see on news feeds.

**CONNECTING WITH ETHIOPIA:** After an Ethiopian dinner, Villagers enjoyed a talk by Dinaw Mengestu about the immigrant experience in the Washington area and his novel, *The Beautiful Things that Heaven Bears*.

**MEMOIR-WRITING:** Twice a month, a group of Village members meets to share stories they've written about their lives, stimulating memories and more stories -- for themselves and for others.

**INTERGENERATIONAL CONNECTIONS:** In a partnership with Community Bridges, teenage girls created strategies to help seniors age in place, exercised their leadership skills and glimpsed career opportunities.

**UPDATE ON THE EQUAL RIGHTS AMENDMENT:** Attorney Sara Collina, of Georgetown University's Women's and Gender Studies Program, brought us up to date on the ERA, sparking members' stories of personal experiences and related activism.

**EXPLORATIONS IN ROCK CREEK PARK:** Village members meet monthly to walk, learn and appreciate various sections of Rock Creek Park's 33 miles of trails.

NOTE: *This is just a small sample. The Village offers events and meetups for interest groups almost every day -- something for everyone.*

ANNUAL REPORT DESIGN BY GAIL PECK, PECK STUDIOS